



**Programme**  
**10th Dutch-Antillean-South American (DAS) Clinic**  
**of Rheumatology and Internal Medicine**  
**23 and 24 November 2018**

**In cooperation with:**



Accreditation for this continuing medical education (CME) activity is applied for to NASHKO (Netherlands-Caribbean Foundation for Clinical Higher Education) and subsequently for family practitioners and hospital specialists via their respective associations (NIV/NHG/NVR etc.).

Registration is free by NASHKO: <http://www.naskho.org/>

Friday 23 November 2018

**Day 1:**

**Location: Alhambra ballroom, Manchebo, Aruba**

**Chair: M. Visschers (internist-I.D. specialist HOH, Aruba)  
R. van Vugt (rheumatologist, VUMC Amsterdam)**

8.30-9.00 on-site registration

9.00-9.15 Introduction by mr. Antonius, director of NASKHO and by a Representative of Aruba

Update HIV/STD's

9.15-9.45 Post-exposure HIV prophylaxis, what every doctor should know  
D. van de Wetering (SEHOS, Curacao)

9.45-10.15 The Aruban HIV-epidemic  
G. Rodenburg (HOH, Aruba)

*Coffee break*

Update infectious diseases

10.45-11.15 Multiresistant infections: lessons learned from Colombia  
L. Uribe (Bucaramanga, Colombia)

11.15-11.45 Cellulitis and its many non-infectious mimickers  
S. Harkisoen (Suriname)

11.45-12.15 Joint Infections or Gout: The challenges.  
R. Rellum (Nijmegen)

*Lunch break*

Update pharmacology

13.30-14.00 OPAT (Out-patient antibiotic treatment) on Aruba  
J. de Kort (HOH, Aruba)

14.00-14.30 Drug-drug interactions in a nutshell  
J. Aleman (HOH, Aruba)

*Coffee break*

Update rheumatology

14.45-15.15 New insights in treatment of RA  
N. Swen

15.15-15.45 The mysterious world of Spondylartropathies  
Dr. Saaibi (Foscal, Bucaramanga)

15.45-16.30 "Hands-on" musculoskeletal examination  
R. van Vugt, R. Rellum, N Swen, D. Saaibi

16.30 Closing Remarks

Saturday 24th November 2018

Day 2:

Location: Alhambra ballroom, Manchebo, Aruba

Chair: K. Berend (head of internal Medicine SEHOS, Curacao)  
S. Waterloo (internist-elderly medicine Dr. Horacio E. Oduber Hospitaal, Aruba)

Update immunology/gastroenterology

- 9.15-9.45 The human microbiome and auto-immunity  
A. Duits (SEHOS, Curacao)  
9.45-10.15 Focal liver abnormalities  
F. Franca (HOH, Aruba)

*Coffee break*

Update nephrology

- 10.45-11.15 What everybody should know about the cardiorenal syndrome  
Z. Choudhry (HOH, Aruba)  
11.15-11.45 Sodium: not just a simple salt  
K. Berend (SEHOS Curacao)  
11.45-12.15 Impaired kidney function and an abnormal urinary sediment; how to handle?  
N. Ajubi (SEHOS Curacao)

*Lunch break*

Update geriatric medicine

- 13.30-14.00 Strategies to reduce adverse affects of sleeping tablets  
E. Ruiz (HOH, Aruba)  
14.00-14.30 How to diagnose and treat frailty in the hospital?  
S. Waterloo, D. Laclé (HOH, Aruba)

*Coffee break*

Update endocrinology/vascular medicine

- 14.45-15.15 Lipid treatment anno 2018  
M. Zidane (HOH, Aruba)  
15.15-15.45 Novelties in treatment of type 2 diabetes, casereports from Saint Martin  
S. Nadery (Sint Maarten)  
15.45-16.15 How to combine type 1 DM and professional sports  
S. England (UK/USA)  
16.30 Closing Remarks

**Speakers and chairs:**

Sandro Waterloo MD, internist-elderly medicine, HOH, Aruba  
Maarten Visschers MD, internist-ID specialist, HOH, Aruba  
Luis Uribe MD, internist-ID specialist, FCV, Bucaramanga, Colombia  
Diego Saaibi MD PhD, rheumatologist, Foscal, Bucaramanga, Colombia  
Soeradj Harkisoen MD PhD, internist-ID specialist, AZP, Paramaribo  
Jaclyn de Kort MD, internist-ID specialist, HOH, Aruba  
Ebby Ruiz MD, clinical pharmacologist, HOH, Aruba  
Dave Laclé MD, hospitalist, HOH, Aruba  
Jacomien Aleman MD, clinical pharmacologist, HOH, Aruba  
Ashley Duits MD PhD, medical immunologist, Head of Blood Transfusion Centre, Curacao  
Richard van Vugt MD PhD, rheumatologist, VUMC, Amsterdam  
Ebby Ruiz MD, clinical pharmacologist, HOH, Aruba  
Nanno Swen MD, rheumatologist, Noordwest Ziekenhuis, Alkmaar  
Chris Franca MD, gastroenterologist, HOH, Aruba  
Diederik van de Wetering MD PhD, internist-ID specialist, SEHOS, Curacao  
Majida Zidane MD, internist-vascular medicine specialist, HOH, Aruba  
Rashidi Rellum MD, rheumatologist, HOH, Aruba  
Samay Nadery MD, internist, SMMC, Sint Maarten  
Bert Rodenburg MD, internist-ID specialist, HOH, Aruba  
Ken Berend MD PhD, internist-nephrologist, SEHOS, Curacao  
Zaheeb Choudhry MD, internist-nephrologist, HOH, Aruba  
Nouaf Ajubi MD, internist-nephrologist, SEHOS, Curacao.

**DAS organizing team:**

Richard van Vugt MD PhD, rheumatologist, VUMC, Amsterdam  
Maarten Visschers MD, internist-ID specialist, HOH, Aruba  
Sandro Waterloo MD, internist-elderly medicine, HOH, Aruba